



Office Safety Precautions in Effect During the Pandemic

Telehealth sessions continue to be available to all our clients. However, if you and your therapist deem it is necessary to meet face to face for your therapy session, our office is taking the following precautions to protect our clients and help slow the spread of the coronavirus.

- Office seating has been arranged for appropriate physical distancing.
- My colleagues and I wear masks when we greet you at the door.
- For now, our clients are required to wear masks, which we suggest providing your own mask. In the case where you have forgot your mask, a mask will be provided to you. The mask will have to be worn until we are situated behind the plexiglass. When our session ends, we will both be required to wear our masks as we move through the building to the exit.
- My colleagues maintain safe distancing.
- Restroom soap dispensers are maintained and everyone is encouraged to wash their hands. In addition Sanitization wipes are available to you to ensure disinfecting further before use.
- Hand sanitizer that contains at least 60% alcohol is available in the therapy rooms and waiting room.
- The waiting room is temporarily unavailable to minimize the number of people in the building at one time.
- We ask all Clients to wait in their cars or outside until they are waived in by their therapist at the time of their appointment.
- Credit card pads, pens and other areas that are commonly touched are thoroughly sanitized after each use by your therapist.
- Physical contact is not permitted.
- Tissues and trash bins are easily accessed. Trash is disposed of on a frequent basis.
- Common areas are thoroughly disinfected at the end of each day by your therapist.

We recognize these are unprecedent times and this Pandemic has created a new normal and changed the way we all our doing things. We hope some of these procedures can be lifted as time goes on, but as of now these are what are recommended to us by our governing body as Psychologists (CAP) to ensure safety for all. We are constantly monitoring the guidelines and safety precautions and how they apply to our work with clients. We will continue to update our website and clients as this information changes.

We value our clients and safety is our utmost concern. We appreciate your flexibility during this time as we all navigate this new way of doing things.

If you have any questions or concerns about these procedures, please don't hesitate to contact us at (403)327-2333.